

Fees

Initial consultation 75 minutes \$300

At the initial meeting, you will have a private session with Dr. Henry to discuss your conditions and key concerns. This may include time to go over old medical records and health intake forms. You and Dr. Henry will decide on appropriate initial diagnostic tests.

Follow up visits 30 -45 minutes
\$120 -\$150

The length and frequency of each follow up visit depends on the complexity of your health concerns, time needed to review your past medical records and test results, and your overall wellness goals. Dr. Henry will help you search for the underlying root causes for your problems and tailor the intervention to your needs as an individual.

Dr. Henry works as an *age management and integrative health consultant* in conjunction with your current health care team and is Not considered a replacement for your primary care physician. All new clients must have a primary care physician to cover emergencies, routine care and screening.

Insurance companies do not reimburse claims for wellness consultations on Anti-Aging strategies and therapies. However, most of the diagnostic labs that Dr. Henry works with have contractual rates and may be covered by your health plan. At your meeting, she will pick the most cost-effective tests for you depending on the type of insurance coverage that you may have. All of our clients receive a 5% discount on products from our supplement store. These medical-grade supplements are qualified expenses in most HSA plans.

Quantitative Electroencephalogram (QEEG) only \$750

QEEG testing is the first part of comprehensive neurofeedback treatment. A QEEG test will record brainwave patterns to detect if any regions are malfunctioning. This includes a 45-minute EEG testing and a 30-minute consult to go over your results and treatment strategies. Testing data is processed through the *eVoke Neuroscience* headquarter in New York for analysis. The typical turnaround time for results is about two weeks.

Brain training with 4D sLORETA Neurofeedback \$50/session (\$450/10 sessions)

EEG guided Neurofeedback is a state-of-the-art therapeutic training tool to help our brain regulate certain brainwaves that are overacting or underacting. Overtime, based on principles of operant or learned conditioning, you get a better regulated and balanced brainwave system. With neurofeedback training, you can learn to strengthen your brain to improve overall learning, focus, and attentiveness. Neurofeedback is a medical evidence based practice that is an effective long-term solution for a number of disorders (e.g. TBI, ADHD, chronic pain and anxiety).

Botox \$10/unit

Botox can be used to treat a number of conditions, including muscle stiffness, excessive sweating, chronic migraine headaches, and the improvement of dynamic wrinkle lines on the face.

Botox is generally private pay only. However, health insurance may cover Botox treatments to treat certain medical conditions (e.g. chronic migraine headaches and dystonia). Insurance coverage for Botox depends on your individual health plan.

Juvederm

\$600/cc

Juvederm is a medical-grade filler with Hyaluronic acid used to smooth moderate to severe wrinkles, nasolabial folds and to replace the volume of lips and cheeks.